
Prescription for Peace

Summer Series: Out of the Depths

Psalm 37:3–7

- There is a prescription for peace found in Psalm 37.
- We are not talking external peace—peace on earth.
- The peace of God is an _____ condition of the soul that is in close communion with Him.
- It is a _____ of spirit that comes with trusting God, no matter what is happening in life.

There are **four directives** that lead to the ability to rest in the Lord and to the promises associated with them.

1. _____ – v. 3

- Notice that this condition of trust does not stand alone. What follows is the accompanying command to do good.

Here are some practical indicators of trusting God:

1. Do you have assurance of eternity in heaven?
2. Do you spend _____ and _____ time in the Word of God?
3. Do you go to God for decision-making?
4. Do you _____ in prayer?
5. Do you give sacrificially to God's work?
6. Are you willing to take on _____ in will of God?

2. _____ – v. 4

- Those who delight in God meet the _____ to have their desires met, because their desires are completely in line with God's desires.

Proverbs 11:23 *"The desire of the righteous is only good."*

Proverbs 10:24 *"The desire of the righteous shall be granted."*

3. _____ – v. 5

- "*commit*" from Hebrew word "to roll" or "give over to"

- To "*commit your way*" means to trust God with the _____ of your own affairs.

- God wants to work for us, but He puts the initiative on us to cast our cares into His care.

- We should give our cares over to God in prayer.

- He holds the world in His hands.

- He holds the stars in place.

- Certainly, He can take care of us—now and in eternity.

4. _____ – v. 7

- The first part of verse 7 is the culmination of all that we have been talking about relating to the prescription for peace.

- When we do these things, we find a _____ in this crazy, unsettled, and insecure world.