

A Biblical Look at Emotions

Summer Series: Out of the Depths

Though the Greeks had no word for “emotions,” they had three terms that came close, the most significant being *splagchnon*, essentially meaning “guts,” and thus “_____.”

I. The _____ of Emotions

Every person has emotions; they are part and parcel of life (cf. Philippians 2:1).

You must work hard at _____ being emotional (2 Corinthians 6:12; 1 John 3:17).

II. The _____ for Emotions

A. To Reflect the _____ (Philippians 1:8)

B. To Refresh the _____

Paul _____ himself with refreshing people (2 Corinthians 7:15).

_____ is entering into the emotional state of someone else (Hebrews 10:34; 4:15).

III. The _____ of Emotions

The strongest word for emotion, *pascho*, often refers to _____.

Believers are not _____ from heavy emotion (cf. Philippians 1:29; 1 Thessalonians 2:14; 2 Thessalonians 2:5).

Emotions should always occur with God-controlled _____ (cf. Hebrews 5:2).

The only way to have properly regulated emotions is to walk in the _____ (Galatians 5:16).