Defeating Depression

Summer Series: Out of the Depths I Kings 19:1-18

	$_$ million adults in the United States admit to		
having at least one	major bout w	ith depression.	Depression is
highest among adults aging from (18.6%).		6%).	
I. Too Much (vv. 1-4)		over Isolated	Victories.
II. Too Much (vv. 5-8)		over III-Advis	sed Projects.
III. Too Much (vv. 9-10)		of Irritating F	People.
IV. Too Much (vv. 11-12)		of Intimate	Devotions.
V. Too Much (vv. 13-14)		on Insistent	Depression.
VI. Too Much (vv. 15-18)		about Indivi	dual Power.